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# Respiratory Failure & Advanced Respiratory Support



# Oxygen Therapy



# Oxygen Therapy

- BTS Guidelines 2008
- Use for hypoxamia only
- Record SpO<sub>2</sub>
  - Target 94-98% for acutely ill
  - Target of 88-92% for hypercapnic respiratory failure (e.g. COPDs, morbid obese, chest wall deformities, neuromuscular deformities)
  - Target 92-96% for COVID
- Record delivery system, flow rate, % & sign on med chart



# Delivery Devices



# Non-Invasive Ventilation



# High Flow Nasal Cannula

- Delivers *heated & humidified high flow oxygen* (up to 60L/min) via nasal cannula.
- Provides low level of CPAP that helps to keep the lungs open



# CPAP:

- Continuous Positive Airway Pressure
- Blows a stream of gas into lungs to maintain a positive pressure during both inspiration & expiration.
- Helps to hold the lungs open & stop from collapsing





# BiPAP:

- Blows a stream of gas into lungs to maintain a positive pressure during expiration and additional pressure during inspiration
- Flow of gas delivered to patient's airway until predetermined inspiratory pressure is reached.
- Supports breath delivered to patients reducing work of breathing





# Ensuring Patient Comfort

- Ensure good fitting mask
- Adequate humidification
- Reduce skin irritation
- Prevent nasal bridge pressure sores
- Reduce leaks near eyes
- Regular change of position
- Communication issues
- Avoiding sleep deprivation
- Nutritional supplements

# Monitoring?

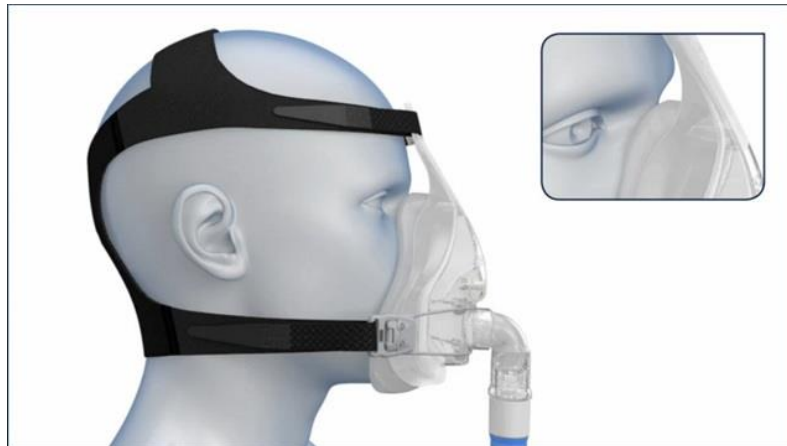
- Mask or circuit leaks
- Alarm settings
- Comfort
- Synchrony
- Leakage
- GCS/AVPU
- RR, SpO2 & Work of Breathing
- BP, Heart Rate & Rhythm
- Blood gas analysis
- Tidal volume, Minute Volume & pressures

# Bi-level ventilators

*(can deliver BiPAP & CPAP)*



# NIV INTERFACES



# Mechanical Ventilation





# Modern Ventilators

## Full Ventilation

Modern ventilators can support the patient via various sophisticated modes, from full ventilation to extubation



**Weaning**



# Invasive Ventilation

- Via ET tube or Tracheostomy tube
- Short term or long term
- Indications
  - *T1 & T2RF – unable to maintain gas exchange, Respiratory +/- cardiac arrest, Reduced GCS, airway compromise,*
- Contraindications
  - *Futility*
- May require sedation
- Safety...equipment, checks, care bundle, documentation, patient assessment



# Questions ?



**Iron Lung Ward 1950's**

# References

- British Thoracic Society Standards of Care Committee (2002) Non-invasive ventilation in acute respiratory failure. *Thorax*; **57**: 192 – 211.
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- Coombs et al (2013) Assessment, monitoring & interventions for the respiratory system. In Mallett, Albarron & Richardson Eds: Critical Care Manual of Clinical Procedures & Competencies. (Wiley & Sons, West Sussex)
- Intensive Care Foundation (2015) Handbook of Mechanical Ventilation – A Users Guide (Intensive Care Society, London)  
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